



LGBTQIA+ Resources for Providers

I. Learn More about Sexual and Gender Diversity:

A. Sexual Orientation, Gender Identity and Expression (SOGIE)

1. Videos

- [LGBTIQ People Talk About Their Experiences Accessing Health Care](#)
- [LGBT Voices: Perspectives on Healthcare](#)
- [5 LGBTQ People on Coming Out as Teens](#)
- [Trans 101 – Gender Diversity Crash Course](#)
- [What it Means to Be Nonbinary](#)
- [5 Asexual People Explain What “Asexual” Means to Them](#)
- [Androgyne](#)
- [LGBTQ Youth: Voices of Trauma, Lives of Promise \(Video\)](#)

2. Interactive Maps About LGBT Equality, by State

- [Movement Advancement Project](#)

3. Glossaries of Language and Terms

- [Human Rights Campaign \(HRC\)](#)
- [National LGBT Health Education Center](#) (PDF download)
- [Out & Equal Workplace Advocates](#) (PDF download)
- [Trans Students Educational Resources \(TSER\)](#)
- [Julia Serano’s trans, gender, sexuality & activism glossary](#)

B. Intersex/Differences of Sex Development (DSD)

1. Videos

- [What It’s Like to Be Intersex](#)
- [What Does Intersex Mean?](#)
- [What it Means to be Intersex with Emily Quinn](#)

2. Support and Advocacy

- [Accord Alliance: Comprehensive, integrated care for people with DSD](#)
- [interACT Advocates for Intersex Youth](#)
- [InterConnect](#) (Formerly the AIS-DSD Support Group of North America)
- [Intersex Society of North America \(ISNA\)](#)

CHECK IN

LEARN MORE

GET SUPPORT





II. National Alliance on Mental Illness (NAMI): Support & Resources

(from <https://www.nami.org/find-support/lgbtq>)

- [The American Psychological Association \(APA\) – LGBT Health](#) provides countless educational and support resources on a range of LGBTQ topics
- [The Society for Sexual, Affectional, Intersex, and Gender Expansive Identities \(SAIGE\)](#), a division of the American Counseling Association, promotes competency on [LGBTGEQIAP+](#) issues for counseling professionals
- [The Association of LGBTQ+ Psychiatrists](#) offers numerous resources for LGBT individuals experiencing mental health conditions and psychiatric professionals with LGBT clients
- [The National Center for Transgender Equality](#) offers resources for transgender individuals, including information on the right to access health care
- [The Trevor Project](#) is a support network for LGBTQ youth providing crisis intervention and suicide prevention, including a 24-hour text line (Text "START" to 678678)
- [The LGBT National Help Center](#) offers confidential peer support connections for LGBT youth, adults and seniors including phone, text and online chat
- [The Gay and Lesbian Medical Association's Provider Directory](#) is a search tool that can locate an LGBTQ-inclusive health care provider

III. SAMHSA Behavioral Health Resources

(from <https://www.samhsa.gov/behavioral-health-equity/lgbt>)

- [Affordable Care Act Enrollment Assistance for LGBT Communities: A Resource for Behavioral Health Providers – 2014](#) - This briefing document is part of a toolkit designed to help behavioral health providers assist lesbian, gay, bisexual and transgender (LGBT) people in enrolling in health insurance plans. Many LGBT people in the U.S. lack insurance coverage for behavioral health services and could benefit from enrollment support. SAMHSA also has

CHECK IN

LEARN MORE

GET SUPPORT





a [PowerPoint presentation available](#) and a consumer-oriented [Frequently Asked Questions brochure](#) to supplement this toolkit.

- [A Practitioner’s Resource Guide: Helping Families to Support Their LGBT Children – 2014](#) - Offers information and resources to help practitioners throughout health and social service systems implement best practices in engaging and helping families and caregivers to support their lesbian, gay, bisexual, and transgender (LGBT) children.
- [A Provider’s Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals – 2001](#) - Informs clinicians and administrators about substance abuse treatment approaches that are sensitive to lesbian, gay, bisexual, and transgender (LGBT) clients. Covers cultural, clinical, health, administrative, and legal issues as well as alliance building.
- [Helping Families Support Their Lesbian, Gay, Bisexual, and Transgender \(LGBT\) Children – 2009 \(PDF | 897 KB\)](#) - Provides information about sexual orientation and gender identity to help friends, family, and other adults support LGBT children and adolescents. It reports research findings from the Family Acceptance Project at San Francisco University and includes research on the impact of families on their LGBT children’s health, mental health, and well-being. It also provides ways ethnically, religiously, and socially diverse families, parents, and caregivers can support their LGBT children. Family materials and provider tools such as education materials, assessment and policy resources, research publications, and gender spectrum education and training materials are presented.
- [Larkin Street Stories from the Homelessness Resource Center](#) - Meet Toby, Loch, and the youth of Larkin Street Youth Services and learn more about the experiences of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth who are homeless. The video series offers tips on best practices for providers serving LGBTQ youth who are homeless.
- [LGBT Training Curricula for Behavioral Health and Primary Care Practitioners](#) - Is a list of six training curricula for behavioral health and primary care practitioners to help them assess, treat, and refer lesbian, gay, bisexual, and transgender (LGBT) clients in a culturally sensitive manner. Continuing

CHECK IN

LEARN MORE

GET SUPPORT





Medical Education (CME) and Continuing Education Unit (CEU) credits are available.

- [Providing Services and Supports for Youth who are Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex or Two-Spirit – 2008 \(PDF | 1.7 MB\)](#) - Is for policymakers, administrators, and providers seeking to learn more about (1) youth who are lesbian, gay, bisexual, transgender, questioning, intersex, or two-spirit (LGBTQI2-S) and (2) how to develop culturally and linguistically competent programs and services to meet their needs and preferences.
- [Top Health Issues for LGBT Populations Information & Resource Kit – 2012](#) - Equips prevention professionals, healthcare providers, and educators with information on current health issues among lesbian, gay, bisexual, and transgender (LGBT) populations. Includes an overview of terms related to gender identity and sexual expression.

IV. Additional Resources

- [Family Acceptance Project](#) – research, intervention, education and policy initiative to prevent health and mental health risks for LGBTQ-identified children and youth, including suicide, homelessness, drug use and HIV — in the context of their families, cultures and faith communities. We use a research-based, culturally grounded approach to help ethnically, racially and religiously diverse families learn to support their LGBTQ children.
- [PrideCAPA](#) – dedicated to the mental health needs of youth related to sexual minority issues works closely with its affiliate, the American Academy of Child and Adolescent Psychiatry, to advocate for more inclusivity in the field.
- [Gay Lesbian, Straight, Educators Network \(GLSEN\)](#) - policy recommendations, toolkits, and resources for youth-serving environments.
- [PFLAG](#) – support, information, and resources for LGBTQ+ people, their parents and families, and allies... with nearly 400 chapters and 250,000 members and supporters crossing multiple generations of families in major urban centers, small cities, and rural areas across America, PFLAG is committed to creating a world where diversity is celebrated and all people are respected, valued, and affirmed.

CHECK IN

LEARN MORE

GET SUPPORT





- [Stress & Trauma Toolkit for Treating LGBTQ in a Changing Political and Social Environment](#) – an introductory guide from the American Psychiatric Association to understand how to work with special populations experiencing stress and trauma in today's changing political environment and raise awareness of the needs of special population patients and strategies to incorporate in care in psychiatric practices.
- [Gender Inclusive Schools Alliance \(GISA\)](#) – Supporting gender expansive, transgender and non-binary youth in Berkeley public schools through resource sharing, community building, and advocacy. They have quite an extensive [Additional Resources](#) page that is worth checking out!

CHECK IN

LEARN MORE

GET SUPPORT

