

## 16 Actions You Can Take to Support Victims of Domestic Violence

- Learn about resources in your community that help people fleeing domestic violence. In San Mateo, we have CORA ([www.corasupport.org](http://www.corasupport.org))
- Provide financial support for your local charity serving those fleeing domestic violence.
- Sign up to volunteer for your local charity serving those fleeing domestic violence.
- Learn about the signs of domestic violence: the National Coalition Against Domestic Violence is one place to find information: <https://ncadv.org/learn-more>
- When friends or family members are being abused ask if they're safe or need someone to talk to. Listen to them, validate their concerns, offer them support.
- Use AmazonSmile when you shop at Amazon and designate CORA as the beneficiary.
- Create a “do it yourself” fundraiser for your local DV agency.
- Follow your local DV agency's social media.  
(<https://www.facebook.com/corasupport>, <https://twitter.com/ENDtoDV>, <https://www.instagram.com/endtodv/>)
- Share content you find on your local DV agency's social media on your social media.
- If you have had a good interaction with your local DV agency, provide a review on YELP or Facebook.
- Include in your email signature a supportive statement about ending domestic violence. (e.g., “There’s no excuse for abuse!”)
- If you are an employer/own a business:
  - o offer your employees PTO so they can volunteer for local nonprofits, including domestic violence agencies;
  - o co-sponsor an event with your local DV agency;
  - o offer free/reduced prices for services/goods for clients of local DV agency;
  - o offer free/reduced prices for services/goods for your local DV agency;
  - o choose a day to donate a percentage of sales to your local DV agency.